



Mission #1 Find the spiderweb and write down something new you have learned about yourself during GOTR.



Mission#2 Jog two laps around the track. Make sure to grab a sticker after each lap from a coach!



Mission #3 Find the Green Pumpkin and jump rope for 25 jumps. Don't forget your prize inside!



Mission #4 Skip two laps around the track. Be sure to get your counter from a coach after each lap.



Mission #5 Find a ORANGE pumpkin and write down what it says on the bottom of the pumpkin.



Mission #6 Jog two laps around the track giving words of encouragement to your teammates as you pass. Don't forget that sticker!



Mission #7 Find the ghost and do 5 pushups and running stance with just your arms for 15 seconds.



Mission #8 Jog 1 lap and be sure to stop at the poster to write down 2 things you like about yourself.



Mission #9 Find the witch and do 25 jumping jacks.



Mission #10 Jog one last lap while singing one of your favorite songs. Sing it loud and proud!

