



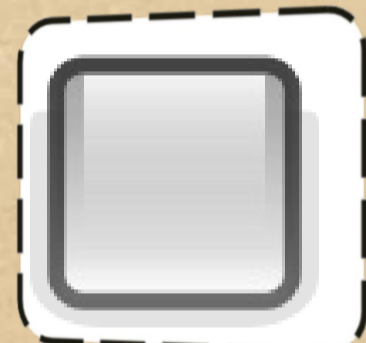
Find a person that is smiling.



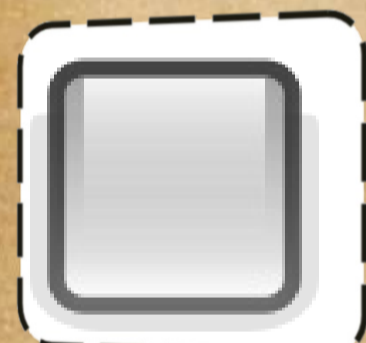
Catch someone using a coping skill.



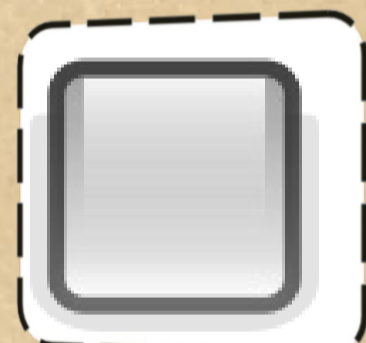
Play a game with someone new.



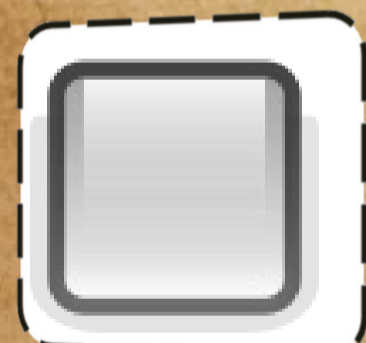
Let someone tell you a story.



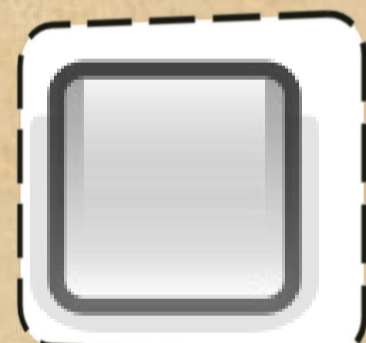
Introduce yourself to 5 people and shake their hand.



Ask 5 questions.



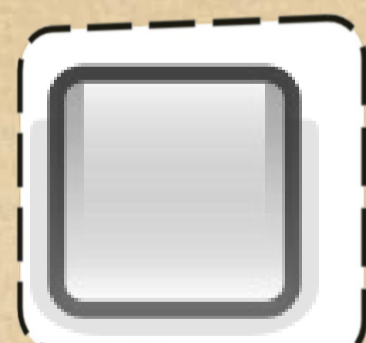
Help someone.



Give a high five.



Compliment 5 peers.



Ask someone for help.

