



Locate the Diabetes Education Patient Registration Window and Sign In.



Update Insurance information and sign privacy act.



Proceed to the Library and locate the lab technician and have labs drawn



Enter into the Diabetes Conference room and request that you receive a healthy breakfast



Ask the Diabetic Educator what Health topic of the week is going to be.



Have your glucose monitor scanned by the health educator and ask what your glucose level is.



walk to the nurses waiting area and wait for the doctor to see you. This is a good time to remember any questions to ask



Ask the nurse what your numbers are. Such as your: A1C, Blood pressure, temperature, weight and heart rate.



Discuss any concerns with the Dr. and have your feet checked.



Check out at patient registration and schedule your next Diabetic Clinic appointment.