Go into a store you have never been in before and look around for ten minutes

Try on one item of clothing that you would wear every day

Pick out an item of clothing for Amy to try on, even if she hates it Try on one item of clothing that you would never wear in your entire life

Respond to one person who greets you in one of the stores

Say Hi to 3 people

Offer to help someone

Ask for a sample or a glass of water

