



Find something that makes you think of strength, or the word strong.

Find something that makes you think of happiness or makes you happy.

Find something that makes you think of anger, or being mad.

Find something that makes you think of sadness, or being sad.

Find something that you think your brother would like.

Find something that you think your mother would like.

Find something that you think your therapist would like.

Find something that you think your best friend would like.

Find something that makes you feel relaxed or calm.

Find something that makes you think of you: what represent you?

