



TAKE A PICTURE: Get a picture of TWO of your TEAMMATES INSIDE A DOG HOUSE!



BRING BACK: A CHANGE OF ADDRESS FORM!



VIDEO: 1 team member will record. Get an employee at a place of business to perform the HOKEY POKEY with all Teammates- except for the one recording. You put your right hand in, You put your right hand out, You put your right hand in, And you shake it all about, You do the hokey pokey and you turn yourself around That what it's all about. 2) left hand 3) right foot 4) left foot 5) head 6) butt 7) whole self



BRING BACK: An application for employment.



TAKE A PICTURE: Find a pumpkin & have a stranger take a GROUP PHOTO "GLAMOUR SHOT" of your team with the PUMPKIN. EVERYONE ON YOUR TEAM MUST BE IN THE PICTURE!



TAKE A PICTURE: Take a picture of THREE fitness related items!



TAKE A PICTURE: Take a picture of your entire TEAM in a SHOPPING CART. All team members must be in the picture.



BRING BACK: A cup of SUGAR!



VIDEO: All Teammates- except for the 1 recording- Get a 30 sec video of teammates and stranger performing burpees!



VIDEO: Pick one team member to interview a stranger on what being fit means to them.

