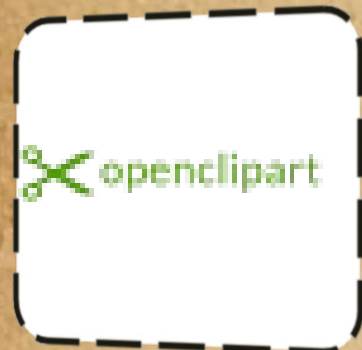




Find and collect a wild flower



Take a picture of a team member standing on their head



Find and collect a small piece of man made litter



Write down something each ,member of the group is thankful for



Bring back a bark rubbing



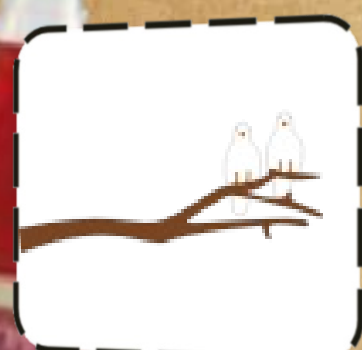
Pick a song you can all sing together and record a bit of it



Collect two different kinds of leaf



Take a 'Selfie' of the group



Bring back a small stick that is a similar length to your clip board



Take a picture of you all being a human pyramid in the sand ( if its dry!)