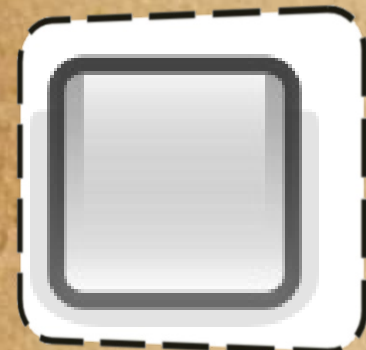




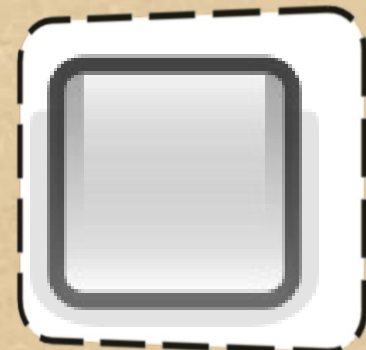
Find a person that is smiling.



Initiate a conversation



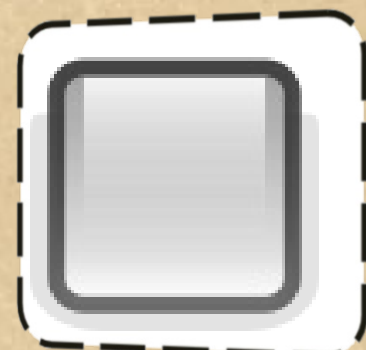
Try something new. Have fun with it!



Play a game with someone.



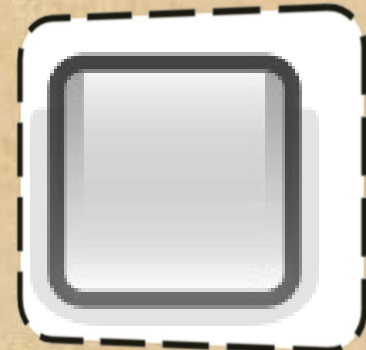
Introduce yourself to 5 people.



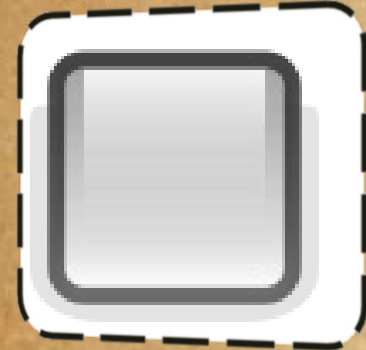
Learn 3 new names of people you've met.



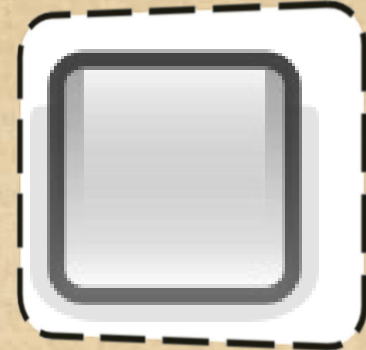
Help someone.



Find a person that is sad. How do you know?



Find a person your age.



Ask someone for help.

