



Find a person that is smiling.



Say hello to 5 people. You can ask for help.



Try something new. Have fun with it!



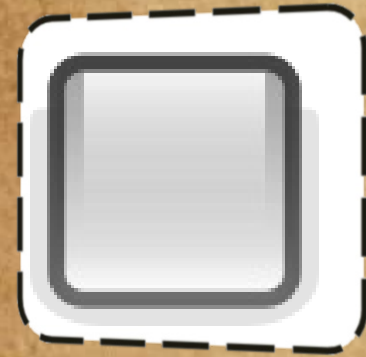
Play a game with someone.



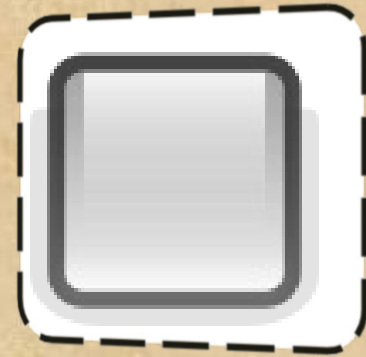
Introduce yourself to 3 people.



Learn 3 new names of people you've met.



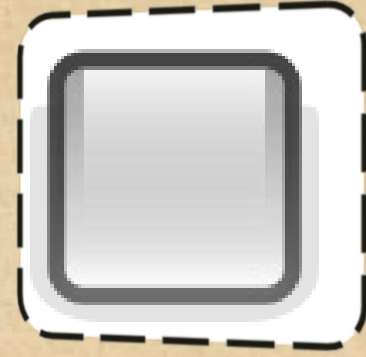
Help someone.



Find a person that is sad. How do you know?



Find a person your age.



Ask someone for help.

