



Find something that goes high, Sit on it, pump and say goodbye.



Find something with bars to grip, Don%u2019t let your hands slip.



## Find a place to take a seat, Sit right down and rest your feet.



Find something smooth and with rough sides. This may be something that gets you dirty.



Find something to sit on and go down, If you go too fast, you might frown.



Find something alive and crawling.



