



Find two places you can go swimming at the YMCA.



Find a place you can walk that's OUTSIDE of the YMCA (you'll need a staff to go with you).



Count how many treadmills there are.



Find the place where you can "go for a steam."



Find where you can keep your valuables while you are working out.



Find where you could attend a group fitness class like Zumba or Pilates.



Find the room where you will change before and after working out.



Locate the pool schedule.



Find a place where you can watch racquet ball being played.



Find a person who works at the YMCA and say, "hi!"