

HAPPY BIRTHDAY!

Take 10 giant steps, find a leaf, blade of grass or rock.

What has four legs, a long tail and climbs trees?

Do 5 lunges, turn left, do 5 more lunges, turn right, do 5 more lunges. How many lunges have you just done?

Spin yourself in a circle 6 times, what color is the sky right now?

Hop 20 times in two different directions, then find leaf, blade of grass or rock. something different from Mission #1

Sit on the ground, close your eyes and count to 10 to yourself. Without opening your eyes, what sounds do you hear?

Do 5 jumping jacks and go find a Y shaped stick or twig.

What is 4 2. Do that many skips. Go find a pine cone or something prickly.

Balance on one foot like a tree and count to 12. What color is Marie's shirt.

Hold hands, sing Happy Birthday and give Marie a big hug.