



Ask a stranger for directions by only pointing and writing. NO VOICING!

Order a drink at a cafe without talking.



Write 3 words that describe how you feel with less hearing.

Notice if people around you are staring...how does it feel?

Cross the street without using your hearing.

Notice if you rely on other senses now that your hearing is limited.

Notice and list environmental sounds you can hear.

Have a conversation with a friend as a hard of hearing person. (Use your earplugs and voice...no sign)



Use as much ASL as you can to have a conversation with your friends. NO VOICING!

Find someone in the community that use/knows ASL.

