



Mission #1 Run to the playground and go across the monkey bars one time.



Mission#2 Run/walk one lap around our track. Make sure to grab a lap counter after from a coach!



Mission #3 Find two adults (not affiliated with GOTR) and have them sign the back of this paper.



Mission #4 Skip one lap around our track. Be sure to get your lap counter from a coach after each lap!



Mission #5 Find a GREEN paw print and write down what it says on the back of this paper.



Mission #6 Head to the basketball court and jump rope for 25 jumps without messing up.



Mission #7 Run two laps around the track giving words of encouragement to your teammates as you pass. Don't forget that lap counter!



Mission #8 Find something blue. Write what it is and the location on the back of this paper.



Mission #9 Do 25 jumping jacks.



Mission #10 Jog one last lap while singing one of your favorite songs. Sing it loud and proud!