



Something you're good at in school?

Who's someone who has contributed to your confidence?



What advice would you give to someone who wants to boost their self-esteem?

What do you do to remind yourself how awesome you are?

What hobby do you have that makes you happy?

What is a compliment that someone recently gave you?

Who is someone you can talk to that always puts you in a good mood?

What is the bravest thing you've ever done?

What is something that makes you proud?

What makes you a strong person?

